Fall Quarter 2011

Dear Transfer Student:

Welcome to fall! I welcome you to Highline’s beautiful campus and wish you an exciting quarter. Fall is a good time to renew old friendships, meet new people, get to know your faculty adviser, and just enjoy exploring and learning new ideas.

I encourage you to take advantage of the many opportunities (such as transfer workshops, college fairs, etc) available to help you with your transfer planning. Please stop by the Transfer Center, Building 6, upper level, and browse through our transfer materials, use our computers to research colleges, or speak with an adviser. Be sure to check out our website as well:
http://transfercenter.highline.edu/

Remember, early planning is truly the key to a successful transfer!

Best wishes for a memorable quarter,

Siew Lai Lilley, Transfer Center Director
(206) 878-3710, ext. 3936
transfer@highline.edu
Web site:  http://transfercenter.highline.edu/

Transfer Events
All events are free and no registration is required.

College Transfer Fair
Wednesday, October 5, 2011, 9 a.m.-12:30 p.m.
Location: Highline Community College Student Union, Building 8, first floor.
The Transfer Fair features representatives from a variety of four-year colleges and universities. Start planning for a successful transfer today! Come by with your questions or to pick up application materials. This is YOUR opportunity to network with the admissions representatives.

For a list of individual colleges scheduled on campus in the fall, please view our calendar at http://transfercenter.highline.edu/calendar.php

Personal Statement Workshop
Wednesday, November 2, 2011, 12:15 p.m.-1:05 p.m.
Location: Building 7 (No room number-Just one big space)
Learn how to write a winning personal statement for your college application! Learn how to organize your essay and what to include in the content so your application will stand out!

UW Pharmacy Information Session
Wednesday, November 9, 2011, 1 p.m.-2:30 p.m.
Location: To Be Announced
An adviser from the UW School of Pharmacy will be at Highline to give a presentation on the best preparation for future application. We will give you a step-by-step overview of the prerequisite courses required for admission, including GPA requirement, application timeline, and tips for being a successful applicant! Your questions will be answered. If you are interested in pharmacy, you do NOT want to miss this valuable session!
Ask the Highline Adviser
Have a transfer question? A Highline adviser will be happy to help answer it! Send your question to: transfer@highline.edu.

Did You Know?
Central Washington University offers a Dual Admission Program for transfer students. Yes, you can be accepted to CWU-Des Moines while attending Highline Community College! You must have earned fewer than 60 quarter college-level credit hours from all colleges/universities attended, including Highline Community College, at the time of the Dual Admission application. For details on the program, go to: http://www.cwu.edu/centers/dualadmission.html

Be Inspired!
Hold fast to dreams, for if dreams die, life is a broken winged bird that cannot fly.
--Langston Hughes (poet, social activist, novelist, playwright, and columnist)

A Conversation with an Inspirational Transfer Student
Spotlight on: Marian Koroma

Q: Marian, what degree are you pursuing at Highline and when are you planning to graduate?
A: I am currently completing an Associate in Pre-Nursing degree at Highline. I should be receiving my degree by the end of summer or fall 2011!

Q: Please share with us your some of your thoughts on how difficult (or easy) it was navigate the Highline system when you first became a student at the college?
What advice would you give to other students, especially new students?
A: When I first came to Highline, I felt overwhelmed with having to learn a new system of registering for classes and navigate a new educational environment. I quickly realized how different being a college student was compared to high school. My classes at Highline were all fast paced and I had to learn how to re-orient my study habits and be more effective in working with my peers and instructors. I also did not know what I wanted to major in, having changed my major twice, before finally focusing on nursing as my career choice.
Since I am almost graduating, I feel that I am able to offer other Highline students the following advice:
- Be sure to talk to an adviser on a regular basis. Advisers are here to help you with your academic planning and they make sure that you are on track for graduation.
- Take general courses such as English, Math, and Reading so you will have a strong foundation in the basic skills.
- Always talk to your instructors—they are so knowledgeable about Highline and may also give you good advice about careers, especially as it relates to their own academic area of expertise.
- Once you know what major you might be interested in, start checking out some websites. If you are transferring, be sure to look at the websites of colleges that interest you.
- Connect with your friends who are currently attending your college of interest. They will be able to give you frank advice and tips about professors, majors and share with you some good information on what it is like to attend the university.
- Lastly (but not least), you must take the initiative to research colleges, admissions requirements and academic programs.
Please remember: Your success is up to you!
Best wishes to all transfer students!

Q: Marian, how did you go about choosing a major and a transfer school?
A: It took me three quarters to finally figure out what I wanted to major in. I had to change my major twice before finally deciding to pursue nursing as a career. The main reason why I want to be a nurse has to do with my family’s health situation. I had two relatives who were ill.
and hospitalized. I remember my regular visits to the hospital and while there, I was able to observe the great care and compassion that nurses would show toward their patients. I admire what nurses do and the positive impact they can have on patients and their families. This has inspired me to consider nursing as a long term career field.

To prepare for a successful transfer in nursing, I had to research the required prerequisites and competitive admission requirements to the nursing program at my four-year college. I also contacted my college directly to speak to an adviser. Since nursing is a highly competitive major, it was important for me to obtain some health care experience. I am currently volunteering at St. Francis Hospital in Federal Way. I volunteer three times a week in the Emergency Room with assisting the medical personnel in specific areas of health care.

There are two colleges that I am interested in applying to: Azusa Pacific University in California and Trinity Western University in B.C., Canada. I like the fact that these two colleges are relatively small in size compared to many other universities. Therefore, the classes will be a lot smaller and this will allow me to interact closely with my professors and peers. At Trinity Western, I will also be assigned my own personal counselor to help me with my academic planning.

I also find these schools to be attractive since they are Christian based colleges and are therefore, compatible with my faith and values.

I will also be funding my education by applying early for financial aid, including some generous scholarships that are offered by both universities.

Marian, the Transfer Center at Highline Community College would like to congratulate you on achieving your Associate in Pre-Nursing degree! We are truly proud of your accomplishment and wish you good luck in the next phase of your educational and life journey. We know that you will make a terrific nurse someday!
 Interested in a Career in Medicine or Dentistry?

Check out this excellent opportunity—
The University of Washington Summer Medical Dental Education Program (SMDEP) is a six-week enrichment program for talented underrepresented students interested in medicine or dentistry. This program will expose you to areas such as:

- Operating room observation
- Emergency room observation
- Suture clinic
- Simulation clinic (Dental)
- Workshops on admissions, financial aid and the application process
- Lectures in health care
- Mentor visits with doctors/dentists in the community

Interested in learning more? Check out the SMDEP video on this link:
http://depts.washington.edu/omca/leadership/SMDEP.html

Major Spotlight: Occupational Therapy

Do you enjoy working closely with people who have mental, physical, or developmental disabilities? If so, you may want to consider a rewarding career in Occupational Therapy (OT)!

OTs help people regain or learn daily living or work skills and to live as independently as possible.

“Therapists conduct many different activities with their patients. Some activities are designed to improve physical strength and coordination. Other activities are designed to improve vision, memory, or reasoning. Therapists use standard activities or create new activities specifically for each patient. They teach some patients to use wheelchairs and other physical aids. Therapists may design or make special equipment that patients need at work or home. They also recommend ways for patients to change their homes to meet their needs. Some therapists help patients find and keep jobs. They arrange jobs, plan work activities, and follow patients' progress. Therapists may specialize in working with patients of a certain age or specific disability.

Therapists must keep accurate records of patient activities and progress. These records are needed for evaluating patients, billing, and reporting to doctors. In addition, occupational therapists often lead programs in hospitals, community settings, and other institutions. Often these programs are designed to promote health and awareness of disabilities.

Occupational therapists are similar to physical therapists in that both types of workers are concerned with physical movement. However, occupational therapists are also concerned with psychological and social factors. In addition, they work with people who have mental illnesses.”

Source of information: www.wois.org

To become an OT, you must complete a graduate program. In order to enter an OT Program, you must obtain a baccalaureate degree in any major and then apply to the OT Program. Besides having a bachelor’s degree, you must have other requirements, including a number of course prerequisites. There are three universities in Washington state that offer an OT program:

- University of Washington-Seattle (www.washington.edu)
- Eastern Washington University (www.ewu.edu)
- University of Puget Sound (www.ups.edu)

You might also wish to check out the American Occupational Therapy Association, Inc.
www.aota.org

Check out these Websites:

- Scholarship Search for Washington Students
  http://www.thewashboard.org/login.aspx
- Western Undergraduate Exchange-Enroll at participating two-and four-year colleges outside of Washington state at a reduced tuition rate
  http://wue.wiche.edu
- Explore Health Care Career Fields
  www.explorehealthcareers.org